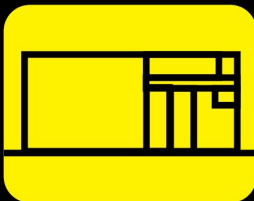
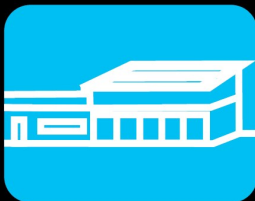
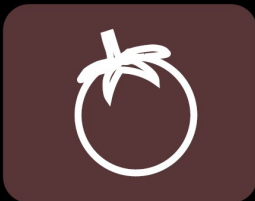


# Activities in West Torrens community facilities





## Apex Park Community Facility

616 Burbridge Road, West Beach

### **Ladies Probuss Club of Lockleys Inc**

Social activities including guest speakers and outings with meals for retired and semi-retired women.

**Times:** Third Monday of each month, 10 am—12 pm.

**Cost:** \$45 per year.

**Contact:** Ph: 0416 054 320, [www.probussouthpacific.org](http://www.probussouthpacific.org)

### **Lifestyles: Apex Park Sewing Group**

Quilting and sewing.

**Times:** Wednesday, 10 am—4 pm

**Contact:** [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

### **Lockleys Girl Guides**

Fun activities, camping and adventures for girls aged 5-18. We encourage girls to try new things in a non-competitive environment. Skills gained through Guiding will help girls throughout life.

**Times:** Tuesday 6:30 pm—8:30 pm, Wednesday 6 pm—7:30 pm.

**Cost:** \$210 new member fee annually (\$190 returning members), plus term fees.

**Contact:** Ph: 0402 393 214, [www.girlguidessa.org.au](http://www.girlguidessa.org.au)

### **Lockleys Riding Club**

Operating as a not for profit agistment management group, this club supports their members who agist their horses on Breakout Creek, River Torrens.

**Contact:** [lockleysridingclub@gmail.com](mailto:lockleysridingclub@gmail.com)

### **Scout Association**

Scout related activities for youth members including camping, cooking, training to become leaders and environmental related activities.

**Times:** Monday 6 pm—7 pm, Friday 5.30 pm—10.30 pm.

**Contact:** Ph: 7134 1200 , [www.sa.scouts.com.au](http://www.sa.scouts.com.au)



### **West Beach Mens' Probus Club Inc.**

Retired/semi-retired men meet for socialisation, morning tea/coffee break and guest speaker presentations on various subjects. We visit interesting facilities monthly. Ladies are often invited.

**Times:** First Tuesday of each month, 10 am—12 pm. **Cost:** \$50 per year.

**Contact:** 8356 6631, [www.probussouthpacific.org](http://www.probussouthpacific.org)



## Camden Sporting Facility

Anzac Highway, Novar Gardens

### **Camden Athletics Club**

Athletics coaching and competition (track only).

**Contact:** [www.saal.org.au](http://www.saal.org.au)

### **Glenelg District Cricket Club**

The Glenelg District Cricket Club is a community based sporting organisation committed to the development and promotion of cricket at the elite level.

**Contact:** [www.glenelgdcc.com](http://www.glenelgdcc.com)

### **Glenlea Tennis Club**

Competitively, the club field a large number of tennis club teams for both juniors and seniors over the summer and winter seasons.

**Contact:** [www.glenleatennisclub.com.au](http://www.glenleatennisclub.com.au)

### **Novar Gardens Bowling & Petanque Club**

Known for their friendly atmosphere and welcoming environment, this sports club has offerings in both Pentanque and Lawn Bowls in social and competitive settings.

**Contact:** [www.novargardensbowlingclub.com/](http://www.novargardensbowlingclub.com/)

### **Phantoms Cricket Club**

Cricket training and competition for all ages.

**Times:** Monday, Wednesday and Friday 4.30 pm—7.30 pm

**Contact:** Ph: 0435 328 441, [www.phantomscricketclub.com](http://www.phantomscricketclub.com)

### **PHOS Camden Football Club**

Friendly community football club offering seniors, juniors and over 35's divisions.

**Contact:** [www.phantomsfc.com.au](http://www.phantomsfc.com.au)

### **PHOS Netball Club**

Friendly netball club for all types of skill levels, from Under 8's to Open.

**Contact:** [www.phosnetball.com/](http://www.phosnetball.com/)



## Cowandilla Community Room

175 Sir Donald Bradman Drive, Hilton

### **Organisation of Hellene and Hellene-Cypriot Women of Australia (SA) in conjunction with SALA**

#### **Essence of Blue exhibition**

The elusive Blue touches our perceptions of the natural world, our cultures, our emotions, reaching into our deepest desires — or even the course of history!

**Times:** Exhibition open Wednesday—Saturday August 7 to August 31 2024, 11 am—3 pm.

#### **Nature Festival**

#### **Nurture Nature Art Exhibition**

Immerse yourself into the natural wonders of nature surrounding us in SA. From magical landscapes to the wonderous iconic SA landmarks. Workshops available.

**Times:** Exhibition open daily from September 28 to October 13 2024, 10 am—5 pm

**Contact:** For more information and workshop details 8416 6333.

#### **Western Woodworkers Inc**

#### **Wood Magic exhibition**

Display and sale of woodwork. Catering for all types of woodworking our current members have wide range of expertise, including carving, turning, cabinet and furniture making, joinery, pyrography and tool sharpening/maintenance.

**Times:** Exhibition open daily from October 28 to November 5 2024, 10 am—4 pm

**Contact:** willparr55@gmail.com, [www.westernwoodworkers.com](http://www.westernwoodworkers.com)



## Lockleys Community Room

362 Henley Beach Road, Lockleys

### **Adelaide Village Band Inc**

**Times:** Tuesday 7 pm—9.30 pm

**Contact:** [www.facebook.com/p/Adelaide-Village-Band-100041266555686/](https://www.facebook.com/p/Adelaide-Village-Band-100041266555686/)

### **Australian Air League Inc**

For young people aged 8 to 18 years. Earn badges and follow everything to do with aviation and space.

**Times:** Thursday during school term 6:30 pm—9 pm.

**Contact:** [oc.portadelaide@airleague.com.au](mailto:oc.portadelaide@airleague.com.au), [www.australianairleague.com](http://www.australianairleague.com)



*Lockleys Community Room is situated in Mellor Park.*



## Weigall Oval Sporting Facility

Oval Terrace, Plympton

### **Adelaide Angels Baseball Club**

The main summer season runs from September to March fielding 25 teams from Tee-ball, Pee Wee, Junior, Women and Senior Divisions. Over winter, 3 teams compete in the South Australia Winterball League.

**Times:** Daily (in season) from 3 pm

**Contact:** [www.adelaideangelsbaseball.com.au](http://www.adelaideangelsbaseball.com.au)

### **Adelaide Cobras Soccer Club**

Adelaide Cobras offers a wide range of teams and programs for athletes of all ages and skill levels. Our club's success is a testament to our diverse and talented roster, as well as our dedicated coaching staff who work tirelessly to help our members achieve their goals.

**Times:** Daily (in season) from 3 pm

**Contact:** [www.adelaidecobras.com.au](http://www.adelaidecobras.com.au)

### **RFDS Adelaide Auxiliary**

The RFDS Adelaide Auxiliary is a volunteer group for adults and seniors which meets to further the awareness of the Royal Flying Doctor Service, and to conduct fundraising activities aimed to maintain and support the planes flying through SA and NT. Welcoming of new members who wish to assist in fundraising activities and social interaction such as quiz nights, card days, fashion parades, guest speaker, morning teas and more!

**Times:** Second Thursday of each month (excluding January), 10:30 am—12:30 pm.

**Cost:** \$20 per year.

**Contact:** Ph: 0484 872 357





## Lockleys Sporting Facility

30 Rutland Avenue, Lockleys

### **Badminton Veterans Association of South Australia**

Badminton club comprising players of all standards aged 35 and over.

**Contact:** [secretary@bvasa.org](mailto:secretary@bvasa.org), [www.bvasa.org](http://www.bvasa.org)

### **Lockleys Bowling Club**

Established in 1913, Lockleys Bowls Club presents as a premier bowls club in the western suburbs. The prestigious grounds, featuring four tiff dwarf grass greens, have been host to multiple Bowls Championships previously. Offering Pennants, Social Bowls & Night Owls.

**Contact:** Ph: 7120 6873, [secretary@lockleysbowlingclub.com.au](mailto:secretary@lockleysbowlingclub.com.au)

### **Lockleys Football Club**

Lockleys Football Club was established in 1951 and currently competes in the Adelaide Footy League in men's Division 3, Division 3R, C3 and C8. Lockleys also has teams in women's Division 2 and Division 2R, as well many junior divisions for boys and girls

**Contact:** [www.lockleysfc.com.au](http://www.lockleysfc.com.au)

### **Lockleys Neighbourhood Watch**

Neighbourhood Watch is a community crime prevention program delivered by the Neighbourhood Watch Volunteers Association of SA Inc. in partnership with SAPOL.

**Times:** Bi-monthly on the first Tuesday, 7 pm—9.30 pm.

**Contact:** Ph: 0408 818 567

[www.police.sa.gov.au/neighbourhood-watch/home/](http://www.police.sa.gov.au/neighbourhood-watch/home/)

### **Lockleys Tennis Club**

Lockleys Tennis Club boasts wonderful, purpose built tennis facilities featuring 6 full size courts and 2 Hot Shots courts. Offering Hot Shots, Cardio Tennis as well as specialist areas such as social tennis, preschool development and accelerated teenage sessions.

**Contact:** [admin@lockleystc.org](mailto:admin@lockleystc.org)



## **West Beach Football Club**

Soccer club formed in 1968 currently fielding teams in A, B and C grade with Under 15's and Over 35's also.

**Contact:** [westbeachfc@outlook.com](mailto:westbeachfc@outlook.com), [www.westbeachfc.teamapp.com/](http://www.westbeachfc.teamapp.com/)

## **West Torrens Baseball Club**

Established in 1918, the West Torrens Baseball Club competes in multiple divisions with offerings in Senior, Womens, Junior, Little, Minor and PeeWee Leagues.

**Contact:** [westtorrens@baseballsa.org.au](mailto:westtorrens@baseballsa.org.au), [www.wtbaseball.com.au](http://www.wtbaseball.com.au)





## Plympton Community Centre

34 Long Street, Plympton

### **Ageing Well: Coffee, Tea & Me Morning**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. Opportunity to pop in for a chat, and catch up with friends over a cup of tea or coffee.

**Times:** Every second Tuesday, 9:30 am—11:30 am. **Cost:** Gold coin donation

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

### **Ageing Well: Dance Fitness**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. Weekly dance fitness session aimed to improve balance and exercise your brain, as well as a great opportunity to meet new people.

**Times:** Monday, 1:30 pm—2:15 pm. **Cost:** \$5 cash per session

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

### **Ageing Well: Fit Ball Drumming**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. Fit Ball Drumming helps you develop rhythm, connect mind and body and create positive feelings of wellbeing, while making new connections.

**Times:** Tuesday, 3 pm—4 pm. **Cost:** \$5 cash per session.

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

### **Ageing Well: Fridays at the Movies**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. Watching movies is good for you. They can relieve stress, stir emotions, encourage social interaction... from poignant stories to a good laugh, a wide selection of films is offered.

**Times:** Friday, 2 pm—4 pm. **Cost:** Gold coin donation

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

### **Ageing Well: Men's Social 8 Ball**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. A group open to men promoting social connection. **Times:** Thursday, 10 am—12 pm.

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

## **Ageing Well: Movers & Shakers**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. Come along and enjoy a light, chair-based exercise class, to stretch and keep fit while making new social connections.

**Times:** Friday, 10 am—11 am. **Cost:** \$5 cash per session.

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

## **Ageing Well: Share a Table Community Lunch**

Ageing Well programs are offered to City of West Torrens residents 50 years and over. Great opportunity to share in a lunch and meet new people. Various activities and entertainment. **Times:** Every second Tuesday, 11:30 am—2 pm.

**Cost:** \$5 cash for lunch, activities & entertainment.

**Contact:** Ph: 8416 6264 or 8416 6267, [www.westtorrens.sa.gov.au/community](http://www.westtorrens.sa.gov.au/community)

## **Gentle Yoga with Jo**

Yoga Jyoti offers gentle integral yoga suitable for adults, seniors and those with physical limitations.

**Times:** Wednesday, 9:30 am —10:45 am.

**Cost:** \$15 per class **Contact:** Ph: 0401 123 707

## **Hayhurst Seniors Group**

Indoor bowls, and Bolivia (Card Game) also we sometimes have Rumikin and we can offer Scrabble if people are interested. We are a very friendly group of seniors and welcome everyone. Come and enjoy.

**Times:** Saturday 12.45 pm —3.45 pm.

**Cost:** \$2.00 per session. Afternoon tea is supplied.

**Contact:** Ph: 0438 363 303, Email: [cherylcherry@hotmail.com](mailto:cherylcherry@hotmail.com)

## **Plympton Weight Watchers Club Inc**

Support group to maintain a healthy weight, under the guidance of members own medical practitioners.

**Times:** Wednesday, 5 pm—7 pm. **Cost:** \$50 annual membership plus \$2 weekly

**Contact:** Ph: 0417 807 937, Email: [pweightwatchers@gmail.com](mailto:pweightwatchers@gmail.com)

## **South Australian Orchidaceous Society**

A group of passionate orchid growers aiming to promote propagation, scientific and cultural knowledge of all Orchids.

**Times:** Third Wednesday of each month, 7:30pm—10pm.

**Contact:** Ph: 0419 837 761, [www.saorchidsociety.org](http://www.saorchidsociety.org)



## Thebarton Community Centre

Corner South Road and Ashwin Parade, Torrensville

### **Adelaide Robotics Academy**

Robotics and coding classes for children.

**Times:** Monday to Friday, 4pm—6pm.

**Cost:** \$25 per session

**Contact:** Ph: 7200 7223, [www.roboticsacademy.com.au](http://www.roboticsacademy.com.au)

### **Adult Children of Alcoholics**

ACA is a Twelve Step, Twelve Tradition support group focused on understanding the specific behavior and attitude patterns we developed while growing up in an alcoholic or other dysfunctional environment.

**Times:** Mondays, 6 pm—8 pm

**Contact:** [www.adultchildren.com.au/locations/thebarton-community-centre/](http://www.adultchildren.com.au/locations/thebarton-community-centre/)

### **Australian Rostrum Inc**

You will find a friendly, enjoyable way to improve your confidence, public speaking, online presence and leadership skills

**Times:** Thursdays bi-weekly, 7 pm—10 pm.

**Contact:** [www.rostrum.com.au](http://www.rostrum.com.au)

### **Bradley Bettens—Fun Fitness Friendships**

Fun and friendship for both children and people living with a disability

**Times:** Mondays and Tuesdays, 10 am—1 pm

**Contact:** [www.facebook.com/funfitnessfriendships/about](http://www.facebook.com/funfitnessfriendships/about)

### **Falun Dafa**

An ancient form of qigong, the practice of refining the body and mind through special exercises and meditation.

**Times:** Thursday 7pm—9 pm.

**Contact:** Ph: 0400 306 581, [www.falunau.org](http://www.falunau.org)

## **Greek Pensions and Aged of Thebarton and Surrounds**

A weekly community social program for seniors with morning tea, lunch and bingo.

**Times:** Friday, 9am—12:30 pm.

**Cost:** \$8 per session.

**Contact:** Ph: 0422 105 039

## **Italian Pensioners of Thebarton and Suburbs Inc.**

A group for seniors offering bocce, bingo, pool, briscola and exercise classes. Opportunity for day trips and luncheons.

**Times:** Wednesday 8:30 am—2 pm.

**Cost:** \$3 a week, plus \$5 annual membership fee.

**Contact:** Ph: 0438 846 181

## **New Creation Church Adelaide**

A non-denomination, inclusive church which shares the New Covenant message of Jesus. A casual, inclusive and relaxed friendly atmosphere where all are welcome.

**Times:** Sunday 10:30 am—12 pm.

**Contact:** Ph: 0418 373 877, [www.nccadelaide.com.au](http://www.nccadelaide.com.au)

## **Orana Australia Ltd**

The Dance Down program offers weekly dance classes focusing on fun, participation, and skill development and provides opportunities for individual expression and creativity.

**Times:** Mondays, 4 pm—9 pm.

**Contact:** [www.oranaonline.com.au/our-services/community-options/activities/](http://www.oranaonline.com.au/our-services/community-options/activities/)

## **SLAVA Ukrainian Cultural Centre Inc**

SLAVA develops and promotes Ukrainian cultural activities in South Australia and provides participants with the opportunity to connect and relate through arts projects.

**Times:** Tuesdays, 5.30 pm—9.30 pm

**Contact:** [www.slava.com.au](http://www.slava.com.au)

## **South Australian Freshwater Anglers Association**

A group for seniors offering bocce, bingo, pool, briscola and exercise classes. Opportunity for day trips and luncheons.

**Times:** First Tuesday of each month, 7 pm—9 pm.

**Contact:** Ph: 0418 812 724, [www.safwaa.org](http://www.safwaa.org)



## West Torrens community gardens

Plympton, Torrensville and Netley

The City of West Torrens has multiple community gardens, located across the city, with two new sites expected to launch this year in Netley and Kurralta Park.

### **Plympton Community Garden**

Join us for Green Thumb Thursdays! You can expect engaging hands-on activities, exchanging gardening tips and techniques and connect with fellow gardening enthusiasts. Free tea and coffee provided.

**Location:** 34 Long Street, Plympton (behind the Plympton Community Centre)

**Times:** Thursday 10 am—11 am.

**Contact:** 8416 6333, [communityfacilities@wtcc.sa.gov.au](mailto:communityfacilities@wtcc.sa.gov.au)

[www.westtorrens.sa.gov.au/community/community-centres/community-gardens](http://www.westtorrens.sa.gov.au/community/community-centres/community-gardens)

### **Clifford Street Community Garden**

Attend a weekly Open House viewing session at the Clifford Street Community Gardens where staff and members of the community can answer your community garden questions and show you around!

**Location:** 76 Clifford Street, Torrensville

**Times:** Friday 4 pm—4:30 pm.

**Contact:** 8416 6333, [communityfacilities@wtcc.sa.gov.au](mailto:communityfacilities@wtcc.sa.gov.au)

If you would like to attend visit [www.cwtcommunityfacilities.simplybook.me](http://www.cwtcommunityfacilities.simplybook.me)

For further information about our Community Gardens contact 8416 6333.





*Plympton Community Garden.*





Between the City and the Sea

City of West Torrens Civic Centre  
165 Sir Donald Bradman Drive, Hilton

Telephone 8416 6333  
Email [info@wtcc.sa.gov.au](mailto:info@wtcc.sa.gov.au)  
Web [westtorrens.sa.gov.au](http://westtorrens.sa.gov.au)